A Note from the Superintendent

Welcome back to a new school year and the next edition of the Kingsley-Pierson Community School Newsletter. I want to thank Mr. Mark Schroeder and his yearbook staff for putting together our monthly newsletter. We will again be sending this out via email, in PDF format, and placing copies of each in the Kingsley and Pierson Public Libraries. We feel this is an additional way to get information out to the community on what is happening in our district.

The start of school also seems to trigger the start of cold and flu season and there have been numerous students and even staff sick. Because of this, I wanted to take a moment to share some precautionary measures everyone can take. To help with our record keeping, please call the school if your child is home sick.

1. Practice good hand hygiene by washing your hands with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners also are effective.
2. Practice respiratory etiquette by covering your mouth and nose with a tissue when you cough or sneeze. If you don’t have a tissue, cough or sneeze into your elbow or shoulder, not into your hands. Avoid touching your eyes, nose, or mouth; germs spread this way.
3. Know the signs and symptoms of the flu. Influenza symptoms include fever and/or chills and a cough. In addition, symptoms of the flu can include sore throat, runny nose, body aches, headache, tiredness, diarrhea, or vomiting.
4. Go home if you have the flu or flu-like illness, and stay there for at least 24 hours after your fever is gone. Your fever should be gone without the use of fever-reducing medications (any medicine that contains ibuprofen or acetaminophen).

As we close in on the end of the first quarter, just a few short weeks away, help your child continue with good study habits.

1. Designate a study time and place. Students are assigned homework to help them practice the skills learned at school. Every home needs a setting that provides a quiet atmosphere for your child to study.
2. Eat breakfast. Research tells us that students who eat breakfast learn better. The brain needs nourishment just as a car needs gasoline.
3. Have a set time for reading at your home, no matter how old the child. Parents can help improve a child’s ability to read by having a designated reading time for the family. This may be individuals reading, children reading to parents, parents reading to children, or children reading to children. Parents need to model the importance of reading to their children, as well.

Come out to support our athletic teams in the various activities they participate in. It gets them motivated to see and hear an enthusiastic and supportive crowd. While you are in the building, check out the televisions in the commons of the school. We are able to broadcast home events out over the internet so if you are in the commons or even at home and wish to watch the teams play or students participate in concerts, check it out on highschoolcube.com.

We are off to a great school year. Kingsley-Pierson has traditionally had fantastic community support for the educational opportunities the school is able to offer. We will continue to work with our parents and community to meet the needs of our students.
Elementary Comments  
- Mr. Wiese

“10 (Tenacity)” from the K-P Elementary! It is awesome to see the students at K-P. Special “thanks” again goes out to the KP Boosters this year for their continued support of K-P. All of the elementary students received a t-shirt from the Boosters! Finally, thank you again for your great attendance at the “Open House” way back in August!

The first quarter is going by quickly and ends on October 20. Grade reports (4.5 weeks) were sent home recently for the 3rd & 4th grade students. We want to continue a great partnership between the school and parents. Most of you browse the Kingsley-Pierson web site on a regular basis. Please be sure to use the “JMC Parent Access” 2014-2015 option to keep track of your child (same user names and passwords from last year). Please use the “Calendar” link on the website to see current events of the district.

Homecoming Week was a blast in the elementary! Thank you for having your child dress up and show amazing “Panther Spirit”! Go Panthers!!!!!!!!!

Parent-Teacher Conferences are scheduled for October 28 and 30, so please make every effort to attend this special time. (Note: I plan to be in the Kingsley building for the most part on October 28 and the Pierson building on October 30.) Thank you for taking an active role in your child’s education! Red Ribbon Week is held this week too (more details to come).

To date the elementary has experienced two assemblies/gatherings. Our first get-together included the annual “Grandparent’s/Special Friend’s Day” on Friday, August 29. The attendance of this “26th Annual Event” was awesome, and the extra efforts shown by all involved are much appreciated. Also, for the first time that I know of, we had a visitor to this event that was 100 years old! This year I would like to again recognize Emily Harvey and Shelby Harvey. These two individuals took the lead and I appreciate all of their efforts! Our second assembly was held on Monday, September 29, which included the opportunity to participate in our upcoming competition with Box Tops and a fundraiser. A memo came home explaining the details.

Since the climate changes in Iowa, please make sure your child is prepared for the upcoming Fall weather. Mother Nature always keeps life interesting, so please send your daughter/son off to school with the appropriate apparel. Another reminder is to encourage your child to wash their hands often. The more sickness we can avoid the better (remember your child needs to be healthy for 24 hours before sending him/her back to school). Finally, the Iowa Assessments will start around November 4! Please make sure your child eats a healthy breakfast daily and gets plenty of rest!!!!

“The Kingsley-Pierson CSD believes education enhancement requires consistently fair and equitable educational and employment practices without regard to race, color, national origin, religion, creed, age, sexual orientation, marital status, sex, gender, gender identity, disability or socio-economic status.”
School Health Information

I have been busy getting the proper health papers for new students and updating records for existing students. I have made several phone calls to parents regarding paperwork I may need yet. Please make arrangements to get those necessary documents to the school ASAP. I have obtained the height, weight and checked vision on all K-8 grade students. If you have received a vision referral letter in the mail, please attend to the letter and have your child’s vision rechecked by a vision specialist. Proper vision is vital to student learning.

I will be visiting the K-4th grade classrooms and discuss germ prevention and hand washing with them. We will talk about ways to prevent others from getting our germs, especially when we are sick. If your child is spending extra time washing their hands, please encourage them to do so. Hand washing is the best defense against the spread of germs. In November, I will be teaching fire safety/prevention to 1st and 3rd graders and poison prevention to kindergartners, 2nd and 4th graders.

Mr. Wiese and I will be presenting the puberty talk with the 5th grade students on October 3rd. A guest speaker from the CSADV will be presenting the “Flirt vs. Hurt” program to the 6th graders mid-October. Several guest speakers will be talking with the high school health students regarding dating violence, general mental health disorders, substance abuse and eating disorders, over the next few weeks.

Cold and flu season will be here before we know it. TO KEEP OUR SCHOOL FUNCTIONING IN A NORMAL MANNER THIS COMING SCHOOL YEAR, following are a few things you can do to help:
Teach your child to wash their hands often with soap and warm water or an alcohol-based hand sanitizer. You can also set a good example by doing this yourself.
Teach your children not to share personal items like drinks, food or unwashed utensils and to cover their coughs and sneezes with tissues. Teach them to also cover their coughs or sneezes using the elbow or sleeve instead of the hand when a tissue is unavailable.

Know the signs and symptoms of the flu or other contagious diseases. Keep sick children at home for at least 24 hours AFTER they no longer have a fever or do not have signs or fever, without using fever-reducing medications. Keeping children with a fever at home will reduce the number of people who may get infected.
Do not send children to school if they are sick. Any children who are determined to be sick while at school will be sent home. If our child becomes ill, encourage plenty of fluids and rest and offer a healthy diet. Treat the symptoms they are having. You may want to contact your physician- there are medications that may lessen the severity of the symptoms or illness. It is best to be seen within the first 48 hours of onset. By acting quickly, you may prevent any further complications of the illness.

COMPLYING TO THE SCHOOL HEALTH POLICIES WILL DECREASE THE AMOUNT OF CROSS CONTAMINATION WITHIN THE SCHOOL. If you have any questions or concerns, you may contact me at the school.

- Barb Sitzmann, School Nurse
Middle School Comments
- Mr. Wiese

The 2014/2015 school year kicked off with an assembly for Grades 5-8 on Tuesday, August 19 at 8:30 am. This annual event provided the opportunity to see all of the faculty and staff and to quickly go over many of the expectations at the middle school. “Thank You” again to the KP Boosters for the t-shirts for the entire student body during the Homecoming Week!!! The theme for the middle school this year is to “Tenacity (10)”!

The volleyball, football, and cheerleading programs are in full swing. Please check the on-line calendar for the remaining games. The basketball season begins on Monday, October 27 (pre-season meeting during the school day before this date). Thank you for supporting our extra-curricular events. We have had a tenacious “Panther Spirit” at our home contests! Thank You Panther Fans!!!!!

Homecoming Week was a blast in the Middle School! Thank you for having your child dress up and show amazing “Panther Spirit”! Go Panthers!!!!!!!

A reminder that Parent-Teacher Conferences are scheduled for Tuesday, October 28 and Thursday, October 30. Our attendance for this event is excellent, and we hope to continue the past precedent! (Please Note: I will be in the Kingsley building for the most part on October 28 and the Pierson building for the most part on October 30.) Red Ribbon Week is held this week too (more details to come).

There are numerous documents sent home with your child. For students in 6th, 7th, & 8th grade, there are “3 Week & 6 Week Grade Reports” sent home (so please ask your son/daughter about them). For students in 5th grade, 4.5 week grade reports are sent home. Additionally, there may be forms for field trips, notes from the school nurse, Red Ribbon Week, etc. (Also remember to please send in Box Tops).

The school year is off to a great start, and we look forward to working with you and your child. Your involvement in your child’s life is critical! Finally, the Iowa Assessments (formerly ITBS) will take place November 4-7ish! Please make sure your child eats a healthy breakfast daily and gets plenty of rest!!!

Most of you browse at the Kingsley-Pierson website on a regular basis. Please be sure to use the “JMC Parent Access” 2014-2015 option to keep track of your child (same user names and passwords from last year).

Also please use the “Calendar” link on the website to see current events of the district and regular test dates!

See You at the Pole

Students and faculty gather around the flagpole to honor and pray for the school, community and nation. The event was sponsored by the K-P FCA (Fellowship of Christian Athletes). It began with scripture reading in the auditorium, continued with prayer at the flagpole and ended with breakfast.
On September 17th, schools across the United States are required to teach about the Constitution in their classroom. Constitution Day is also known as Citizenship Day. The day commemorates the signing of the Constitution, and honors all the citizens of the United States.

At the Middle School, students had the option to wear red, white, and blue for the day. In Mr. Hackett’s classroom, students learned about the scientist/inventor, Benjamin Franklin, that signed the Constitution. They were also asked to name three of his lifetime accomplishments.

In Mrs. Boustead’s classroom, students were asked to describe the character it takes be an American. Students chose the word that meant the most to him/her and wrote it on a red or white piece of paper. The pieces were put together to form an American Flag that is now hanging in the hallway. The 7th grade students presented this project to the 5th graders and also asked MS Staff members to participate. To finish out Constitution Day, 6th graders put together a flag project, 7th graders participated in a Constitution activity, and 8th graders used Chromebooks to find facts about the Constitution.

These are just a few of the Middle School activities that helped the students learn about Constitution Day.
**Teacher Leadership and Compensation Needs Being Addressed**

The Kingsley-Pierson School has begun the process of seeking a Teacher Leadership and Compensation (TLC) grant in response to the state’s proposed implementation of improved teacher leadership. The State of Iowa Department of Education has developed a plan to support school districts as they develop teacher leadership and compensation systems. Each district develops a vision and sets goals for its system. The system allows districts to address the needs of the local school community. Grant money will support this system designed to enhance student achievement.

In the initial stages of the process, a TLC grant writing team met to determine which model to adopt at Kingsley-Pierson. The proposed model for our local plan must include five criteria for the school district. Those five requirements include: minimum salary of $33,500; additional instructional coaching, mentoring, and opportunities to observe other teachers; meaningful teacher leadership roles; rigorous selection process for leadership roles; and aligned professional development.

KPCSD will customize a teacher career pathway to meet our unique needs. Our school plans to adopt a five-tiered model for Teacher Leadership: Initial Teacher—one who is new to the district; Career Teacher—one who has been in the district more than two years; Model Teacher—one who will teach full-time and serve as models of exemplary practice; Instructional Coach—one who will provide guidance to colleagues to strengthen teaching practices; and Curriculum and Professional Development Leader—one who will oversee district curriculum, develop professional development and work closely with teachers to implement best instructional practice. All teachers are encouraged to take the opportunity to apply for leadership positions within the district.

The TLC grant writing committee includes Superintendent Scott Bailey, Principal Rob Wiese, Curriculum Director Amy Benson, along with faculty members Amy Bailey, Erin Hoffman, Michelle Schroeder, Valerie Sitzmann, and Jayne Vondrak. Community members are also being sought to serve on the committee in the near future.

**Chromebooks in the Middle School**

The middle school received Chromebooks this fall. The 5th grade purchased fourteen with a grant they received and an additional forty Chromebooks were ordered for the middle school teachers to share in their classrooms with their students.

In Mrs. Lammers’s Language Arts class the students have been learning how to create google documents, which are similar to Microsoft Word document. They have also learned how to share documents which means several students can be typing on the same document at the same time. This makes group projects much easier to complete. Mrs. Lammers also shared the first unit’s study guide with students over a google document. This eliminated the need for a paper copy and the students can complete the study guide and print it if they would like or study electronically.

One of the most unique features of a google document is that students can begin work on something at school and then go home and log in to the same Google account and finish what they were working on at school. Google Docs also saves every 3 seconds, which prevents document loss. Overall, the kids are enjoying the use of the new technology in the classroom and can’t wait to use them when they get to class.
SPORTS SCHEDULES: High School Fall sports are underway and the excitement is spreading K-12. The school spirit at the High School and Junior High events is impressive. Keep up the good work. Our cross country meet is Oct. 7th, so come cheer on our runners. If you are willing to help, please contact Coach Harpenau. Keep up the good work and please continue to show your Panther Pride!

WAY TO GO PANTHERS!!!

Please utilize our Kingsley-Pierson website for updated schedules and gym times. Ms. Hoffman and her classes will be keeping these up to date. You can locate gym times under the "community" link. Please remember to supervise your kids at all times and DO NOT prop the southwest doors open!

IMPORTANT DATES:
KP CC Invitational: October 7, 2014 at 4:30 (Please contact Coach Harpenau if you could volunteer.)
VB & CC senior parents’ night is: Oct. 16th (approximately at 7:45 or after JV match)
Senior parents’ night for FB is: Oct. 17th (done right at start of game)
Girls Volleyball Districts: TBA
Girls Basketball Starts: November 10, 2014
Boys Basketball & Wrestling starts: November 17, 2014

SAVE THE DATE: PANTHER BALL MARCH 7, 2015

PE NEWS: Elementary and JH PE have been outside as much as possible, pending weather. We are enjoying the beautiful Fall and getting a lot of exercise. We will have Bus Safety in October as well as Bus safety for K-8th. (9th-12th with HS PE) I talked to the kids on the first day of PE about the importance of locking their belongings up. ALWAYS lock your things up!

JH PE students need to change into PE clothes (i.e. t-shirt AND shorts) as well as indoor. Clean PE shoes. These are easy points to earn for your PE grade.

Also, remember if you child has seen a doctor and they are excused from PE for any medical reason, they will need a note from their doctor or from you, the parent/guardian, saying that they are OK to participate. Thank you for your cooperation!

Curriculum Corner
Amy Benson

In case some of you did not know- I am the Curriculum Director this year for Kingsley-Pierson, Lawton-Bronson and Whiting. Many have asked what I actually do as a curriculum director. I can tell you one thing for sure that I don’t do-and that is go around and look for work!! I have learned a ton so far and continue to love what I do. I am so thankful to the administration and the entire faculty for guiding and accepting me and for all the support as I begin this new transition. Some of what I have been doing these past few months:

I have implemented AIW (Authentic Intellectual Work) in Kingsley-Pierson and Whiting. LB already had plans to begin this year, so I just jumped on board their team to begin this process with them. AIW is our Leadership Team’s focus this year as we learn the process. AIW is best described as getting students to think using Higher Order Thinking Skills. It is meant to get away from just having students regurgitate facts for a test or quiz. AIW wants students to dig deeper and make learning more meaningful. The focus is on intellectual demands rather than teaching practices. We know all of our teachers are doing a stellar job; however, AIW makes the teacher focus the lesson on student engagement and thinking outside the box. It is not intended to impose more work on the teacher. Its sole purpose is for teachers to work smarter- not harder.

A huge piece of my job is writing the TLC (Teacher Leadership and Compensation) grant for KP and Whiting. The TLC grant was first available last year. KP and Whiting decided to wait to year 2 to see how things went the first year. In year 1, 140 schools across the state applied for the grant and only 39 were given the actual funding. I have a great team of teachers and administrators that are helping me complete this daunting task. Lawton-Bronson applied on year 1 but did not meet the cut score of 73. However, they were very close scoring at 66! At LB we will just revise to improve and I am confident we will make the cut this year. The TLC grant is intended to help attract highly qualified teachers and to maintain them. Teachers will be stepping up into leadership roles as they will help plan and present professional development and observe teachers in their classrooms and model effective teaching strategies.

I have worked in classrooms helping teachers find resources and ways to better meet the Iowa Core standards. I have written lots of “fun” reports for the state.

I work with PLC (professional learning communities) at each district. In Kingsley I am offering a one credit renewal class each Wed. from 3:45-4:45. I am going to offer a PLC credit for studying and implementing the book 8 to Great in Kingsley and Whiting.

My schedule is Monday and Friday in Kingsley, Tuesday and Thursday is Lawton, and Wednesday in Whiting. I love going to all the different schools and learning from truly the “Best of the Best”!!

This is just a snippet of what I do. I really love my new job and am so thrilled each district felt the need to not only have a curriculum director, but to also believe I was the one best suited for this position!

News from Mrs. Goodwin

SPORTS SCHEDULES: High School Fall sports are underway and the excitement is spreading K-12. The school spirit at the High School and Junior High events is impressive. Keep up the good work. Our cross country meet is Oct. 7th, so come cheer on our runners. If you are willing to help, please contact Coach Harpenau. Keep up the good work and please continue to show your Panther Pride!

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THE GUIDANCE OFFICE

The senior interviews are almost completed. The Class of 2015 will need to complete the Senior Guideway in the I Have A Plan program. The December 13, ACT registration deadline is November 7. Seniors should be working on college visits and college applications at this time. The college applications can be found online at each college website. Most scholarship deadlines are during the months of December through March and I do recommend students planning to apply for scholarships have their ACT’s completed by that time.

COLLEGE VISITS: The school policy for college visits allows seniors to visit colleges of their own choice. The guidance office can make the appointments but I think parents know their own schedule and will have an easier time making the appointments. Most college admissions offices have toll free numbers to use for making appointments. Students will need to get a blue parent permission form from the guidance office and this form will need to be completed and signed by the parents. If the office receives this form from the student, they will not be counted absent for college visits. Most large universities require students to make an appointment two weeks in advance of the visit. Many of the other colleges would like at least a week notice before a student schedules a college visit.

www.fastweb.com This website provides college and scholarship searches free of charge. The students will need to make an account and check their e-mail regularly.

TRI-STATE COLLEGE FAIR: The Tri-State College fair is Sunday, October 5, from 12:30-3:00 P.M. This college fair is at the Marina Center in South Sioux City on 4th and B streets. It is the large blue building across the parking lot from the Marina Inn. This college fair allows students the opportunity to visit with about 90 colleges, technical schools, and military recruiters from the tri-state area as well as some colleges from Minnesota and Kansas. There will also be free financial aid sessions offered for parents and students. All students’ grades 9-12 are encouraged to visit this college fair. The colleges would like each student attending to apply for a barcode at NebraskaCollegeFairs.org. The recruiters will scan the barcode and they will have the students name and address (only if the student desires more information).

LEMARS COMMUNITY SCHOOL COLLEGE NIGHT: The College Night at LeMars Community High School will be on October 8 from 6:00 P.M. to 7:30 P.M. They will have approximately 75 college/military representatives at their College Night.

JUNIOR/SOPHOMORE TESTS: The PSAT/NMSQT is Wednesday, October 15 from 8:30-11:30 A.M. in the high school library. Sophomores and juniors with a “B” grade point average or higher may take this test. This is the qualifying test for the National Merit Scholarship program. Juniors were asked to sign up for this test last May. Students take the test to determine if they are eligible for the scholarship. The sophomores take the test as a practice test for their junior year. The test fee is paid by the student and this year the fee will be $14.00 per student.

HELPFUL GUIDANCE WEBSITES:
www.fastweb.com –This is a free scholarship and college search site
www.actstudent.org –ACT registration site
www.collegeboard.com/sat -SAT registration site
www.finaid.org/fafsa -This is the Federal Financial Aid web site
www.finaid.org/calculator -A place to estimate what financial aid you might be eligible for.
www.pin.ed.gov –A place to register for a pin number for financial aid.

GUIDANCE CALENDAR:
October 1-24 Mrs. Delfs in the Pierson Middle School working with the 8th grade students in the P.M.
October 5 Tri State Area College Fair, 12:30-3:00 at the Marina Center in So. Sioux. City, NE
October 13 College Fair at LeMars Community High School from 6:00 P.M. to 7:30 P.M.
October 15 PSAT/NMST exam in the high school library from 8:30-11:30 for eligible 10-11th students
October 20 Northwest Iowa Community College Rep will be in the guidance office at 11:00 A.M.
October 24 The Kirkwood Community College Rep will be in the guidance office at 9:00 A.M.
October 26 ACT test date
October 30 The Buena Vista College Rep will be in the guidance office at 9:10 A.M.
November 4 Iowa Assessments begin at 8:30
November 7 Registration deadline for the December ACT test
Dear Senior Parents,

Just a reminder that your son/daughter’s senior picture for the yearbook is due by **Wednesday, December 3rd**. The photo must be *vertical* and preferably a head & shoulders shot. Digital pictures work best. Images may be e-mailed to mrschroeder@k-pcsd.org pictures can also be brought in on a CD or flash drive.

- **vertical orientation** needed for senior section
- **horizontal orientation** can be used on dedication page

Because the senior class has only 17 students this year and we want to include everyone, the staff has decided that the Parent Dedications **will be free**!

The yearbook staff will include your son/daughter’s senior picture along with a photo of your choice. If you wish to use a different senior picture other than the one used at the beginning of the book, you may do so (*it can be either vertical or horizontal*). The dedication pages will look similar to the ones shown below. The deadline for the dedication pages is also **Wednesday, December 3rd**.

Thank you for your support.

Sincerely,

Mr. Schroeder & The Panther Staff
**October 2014**

**Kingsley-Pierson**

**Breakfast & Lunch Menu**

**Meal Prices**

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**Monday**

- Sausage Pancake Stick
- Tater Tot Casserole w/Bread
- Orange Chicken Wrap
- Green Beans
- Scrambled Eggs w/Toast
- Beef & Cheese Burrito Pizza
- Corn
- Waffles
- Crispy Chicken Sandwich
- Italian Meatball Sub
- Corn Chips
- Green Beans
- Breakfast Pizza
- Goulash w/Bread
- Orange Chicken Wrap
- California Blend

**Tuesday**

- Cheesy Eggs w/Toast
- BBQ Meatball Sub
- Soft Shell Tacos
- Tortilla Chips California Blend
- Pancakes
- Mini Corn Dogs
- Chicken Wrap
- Sweet Potato Fries
- Yogurt w/Toast
- Chili w/Tortilla Chips
- Nacho Grande
- Cinnamon Roll
- Corn
- Yogurt w/Toast
- Chili w/Tortilla Chips
- Mexican Lasagna
- Cinnamon Roll
- Carrots
- Ham & Cheese Bagel
- Italian Sub
- Soft Shell Tacos
- Carrots

**Wednesday**

- BBQ Pulled Pork Sandwich
- Hamburger or Cheeseburger
- Baked Fries
- Scrambled Eggs/Toast
- Turkey & Gravy Meatballs w/Gravy
- Bread
- Sugar Cookie
- Mashed Potatoes
- Italian Pasta Bake w/Breadstick
- Hamburger or Cheeseburger
- Corn
- Cinnamon Roll
- Super Mexi Tots
- Chicken Nuggets
- Bread
- Corn Chips
- Baked Beans
- French Toast
- Sloppy Joe
- Italian Dunker w/Corn Chips
- Green Beans

**Thursday**

- Oatmeal w/Toast
- Spaghetti w/Meat Sauce
- Breadstick
- Hot Ham & Cheese
- Peas
- Cinnamon Roll
- Salisbury Steak
- Meatballs w/Gravy
- Bread
- Cookie
- Mashed Potatoes w/Gravy
- Ham & Cheese Biscuit
- Country Fried Steak
- Chicken Sticks
- Biscuit
- Mashed Potatoes w/Gravy
- Peas

**Friday**

- Waffles
- Grilled Cheese
- Chicken Fajita Wrap
- Baked Fries
- Sausage Pancake Stick
- Chicken & Noodles w/Bread
- Hamburger or Cheeseburger
- Peas
- Breakfast Pizza
- Goulash w/Bread
- Orange Chicken Wrap
- California Blend
- Ham & Cheese Bagel
- Italian Sub
- Soft Shell Tacos
- Carrots
- Scrambled Eggs w/Toast
- Hot Dog
- Chicken Nuggets
- Corn Chips
- Baked Beans

**Breakfast Choices Offered Daily:**
- Fruit & 100% Juice
- Breakfast Entrée
- WG Cereal
- Whole Grain Bread/Toast
- Skim, Low-Fat & Skim Chocolate Milk

**Lunch Choices Offered Daily:**
- Fruit & Vegetable Bar
- Skim, Low-Fat & Skim Chocolate Milk

**CBM is an equal opportunity provider and employer.**
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**Activities Calendar for October 2014**

Kingelsey-Person Community School