

STUDENT NAME: _____

KINGSLEY-PIERSON COMMUNITY SCHOOL
322 Quest Avenue, P.O. Box 520
Kingsley, Iowa 51028-0520

PHYSICAL ACTIVITY CONTRACT
2020-2021 SCHOOL YEAR

In 2008, the Iowa Legislature enacted the “Healthy Kids Act”, requiring that all students in grades 6 – 12 engage in physical activity for a minimum of 120 minutes per week in which there are at least five days of school. The law also requires that we monitor how students fulfill this requirement.

Please fill out the items below, sign (both student and parent/guardian), and return to the school by August 13, 2020. If you have any questions, call Rob Wiese at (712)378-2861.

Name of Student: _____ Grade (2020-2021): _____

School activities that student will be involved in during the 2020-2021 school year (include estimate of minutes per week):

FALL		WINTER		SPRING	
	Estimate number of minutes per week.		Estimate number of minutes per week.		Estimate number of minutes per week.
Phys. Ed.		Phys. Ed.		Phys. Ed.	
Cross Country		Basketball		Track	
Football		Wrestling		Golf	
Volleyball		Show Choir		Baseball	
Marching Band		Cheerleading		Softball	
Cheerleading		Dance Team		Dance Team	
Dance Team					

Other* (what, when, how many minutes per week): _____

*Non-school activities (may include non-school sport teams, gymnastics, dance, individualized exercise program, etc.) that student will be involved in during the 2017-18 school year.

Signature of Student: _____ Date Signed: _____

Signature of Parent/Guardian: _____

Signature of Building Principal: _____